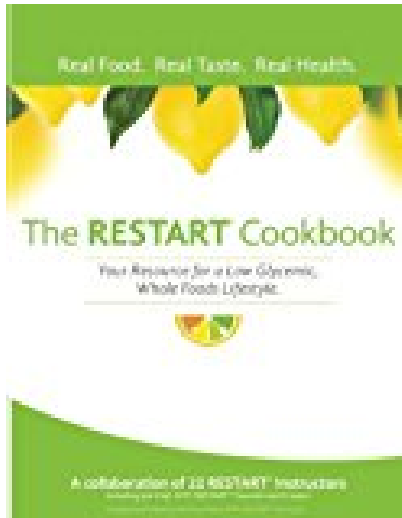


The RESTART® Cookbook



BOOK DETAILS

- Author : Jeni Hall NTP
- Pages : 150 Pages
- Publisher : Jeni Hall NTP, LLC
- Language : English
- ISBN : 099688940X



BOOK SYNOPSIS

A collaboration of 22 RESTART® Instructors including Jeni Hall, NTP, RESTART® Founder and Creator. A collection of delicious no-sugar-added recipes, plus great resources and meal plan.

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