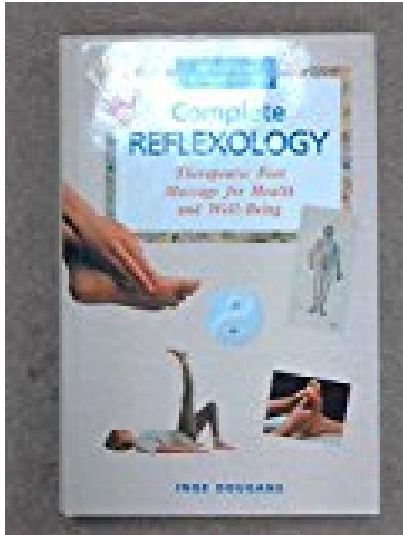


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...includes history of reflexology and the importance of its holistic approach, meridian system and how it works, self treatment and basic techniques

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