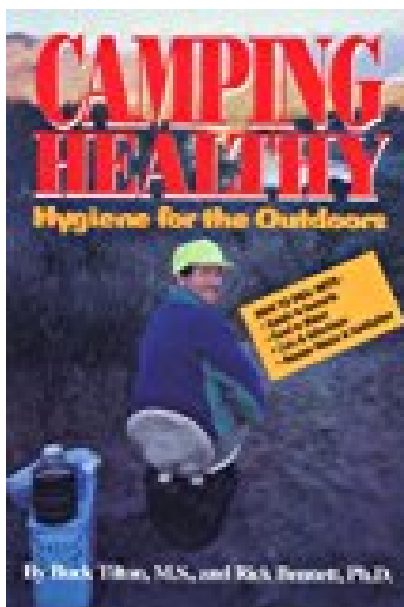


Camping Healthy Hygiene for the Outdoors Travel



BOOK DETAILS

- Author : Buck Tilton
- Pages : 68 Pages
- Publisher : Ics Books
- Language : English
- ISBN : 1570340102



BOOK SYNOPSIS

The goal of this guide is to help the reader acquire and sharpen the skills required to safely enjoy the wilderness. You will find details on how to travel, "make a camp", choose suitable equipment, and understand your environment. You will learn how to search for food and water, as well as how to take shelter from the weather and how to care for yourself if you become injured or ill while in the wilderness. Mastering these tools will ensure that you are well prepared in the case of an emergency.

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